

St Joseph Catholic Church

Eucharistic Adoration Newsletter



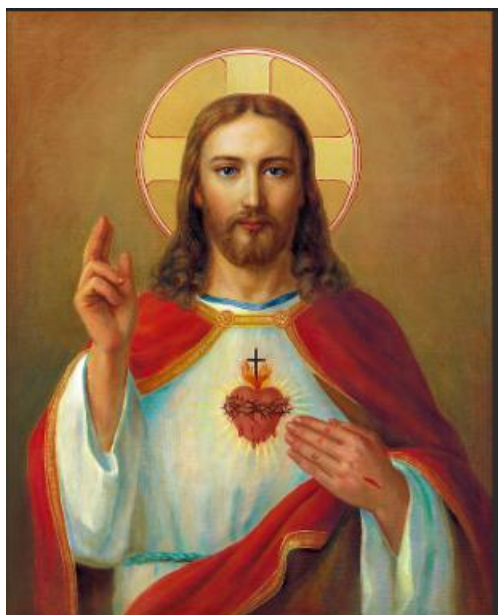
June 2025
Issue 72

Presented by the
St. Joseph Eucharistic Adoration
Committee

St. Joseph's Eucharistic Adoration Newsletter

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**The Month of June is
Dedicated to The
Sacred Heart of Jesus**



The Sacred Heart of Jesus

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone" (St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

Feasts for June 2025

1. ASCENSION SUNDAY or the SEVENTH SUNDAY OF EASTER, Sunday
2. Marcellinus & Peter, Opt. Mem.
3. Charles Lwanga & Companions, Memorial
5. Boniface, Memorial
6. Norbert, Opt. Mem.
8. PENTECOST, Solemnity
9. Blessed Virgin Mary, Mother of the Church; Bernardine of Siena, Opt. Mem.
11. Barnabas; Ember Wednesday, Memorial
13. Anthony of Padua; Ember Friday, Memorial
15. TRINITY SUNDAY, Solemnity
19. Romuald, Opt. Mem.
21. Aloysius Gonzaga, Memorial
22. CORPUS CHRISTI, Solemnity
24. NATIVITY OF ST. JOHN THE BAPTIST, Solemnity
26. Josemaría Escrivá, Opt. Mem.
27. SACRED HEART OF JESUS, Opt. Mem.
28. Immaculate Heart of Mary, Memorial
29. SAINTS PETER AND PAUL, Solemnity
30. First Martyrs of the Holy Roman Church, Opt. Mem.

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The Feast of the Sacred Heart will be celebrated on June 27, 2025



The Feast of the Sacred Heart is a solemnity in the Roman Catholic Church that honors the love and compassion of Jesus Christ for humanity. It is observed on the Friday that falls 19 days after Pentecost, which is why its date varies each year. The devotion to the Sacred Heart emphasizes the physical heart of Jesus as a symbol of divine love and mercy.

This feast has been part of the Catholic liturgical calendar since 1856 and is celebrated with various traditions, including special masses and prayers dedicated to the Sacred Heart. It serves as a reminder of God's infinite love and the call to respond to that love in our lives.

Brief History of the Sacred Heart of Jesus



The history of the Sacred Heart of Jesus devotion is rooted in the revelations of Saint Margaret Mary Alacoque, a French nun who experienced visions of Jesus between 1673 and 1675, emphasizing His love for humanity. The devotion was further popularized in the 19th century through the mystical revelations of Mary of the Divine Heart, who urged Pope Leo XIII to consecrate the world to the Sacred Heart.

The symbolism of Jesus' heart as a representation of divine love emerged from the writings of medieval mystics and was promoted by saints like St. Francis de Sales and St. John Eudes. The Catholic Church celebrates the Solemnity of the Sacred Heart annually, reflecting its significance in Catholic spirituality. Overall, the devotion emphasizes the love and compassion of Jesus, inviting the faithful to respond to His heart's call. Please click on the following link to see the brief video on the Sacred Heart of Jesus.

https://youtu.be/Cdk_XqZBJ6E

The origins of the feast trace back to 1673 when Sister Margaret Mary Alacoque, a French nun from the Order of the Visitation of Holy Mary, started experiencing visions of the Sacred Heart. In these apparitions, Jesus revealed methods of venerating His Sacred Heart and conveyed His boundless love for humanity. The visions depicted Jesus with His heart visibly exposed outside His chest, aflame and encircled by a crown of thorns.

These practices included participating in a holy hour on Thursdays and receiving the Eucharist on the first Friday of every month. Jesus

instructed Sister Margaret Mary, saying, "My Sacred Heart is so full of love for mankind, and especially for you, that unable to contain within itself the flames of its burning charity, it needs to spread them abroad through your means."

These visions continued for a period of 18 months.

On June 16, 1675, Jesus instructed Sister Margaret Mary to promote a feast dedicated to His Sacred Heart. He also revealed 12 promises for all those who venerate and spread devotion to the Sacred Heart. Jesus requested, "I ask of you that the Friday after the octave of Corpus Christi be set apart as a feast to honor My Heart by receiving Communion on that day and making reparation to it by a solemn act, in order to make amends for the indignities which it has received during the time it has been exposed on the altars. I promise you that My Heart shall expand itself to pour out abundantly the influence of its divine love upon those who shall thus honor it and cause it to be honored."

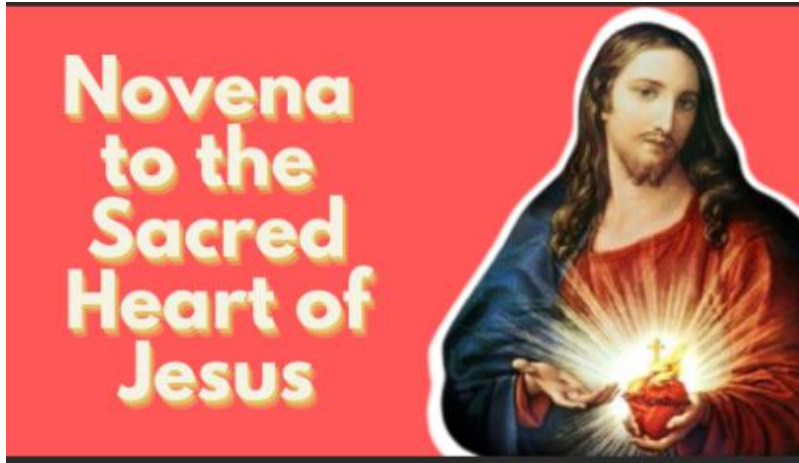
Sister Margaret Mary passed away in 1690 and was canonized by Pope Benedict XV on May 13, 1920.

Initially, the Vatican displayed some hesitancy in establishing a feast dedicated to the Sacred Heart. However, as the devotion gained popularity in France, the Vatican granted permission for the feast of the Sacred Heart of Jesus to be celebrated in France in 1765.

In 1856, Pope Pius IX designated the Friday following the feast of Corpus Christi as the feast of the Sacred Heart for the universal Church. Since then, the month of June has been devoted to the Sacred Heart of Jesus and His immeasurable love for all humanity.

On the current liturgical calendar, the feast of the Sacred Heart of Jesus is celebrated as a solemnity, the highest-ranking feast in the liturgical calendar, although it is not a holy day of obligation.

Novena to the Sacred Heart of Jesus



An Efficacious Novena to the Sacred Heart of Jesus

Attributed to St. Margaret Mary Alacoque

Saint Padre Pio recited this novena every day for all those who requested his prayers.
This novena can be prayed any time of year or, as did Padre Pio, perpetually throughout the year. **However, it is traditionally prayed for nine days prior to the Solemnity of the Most Sacred Heart.**

Pray all prayers below every day during the novena.

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Prayer One:

O my Jesus, you have said:

“Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you.”

Behold I knock, I seek and ask for the grace of...
(name your request here)

Our Father...

Hail Mary...

Glory Be to the Father...

Sacred Heart of Jesus, I place all my trust in you.

Amen.

Prayer Two:

O my Jesus, you have said:

“Truly I say to you, if you ask anything of the Father in my name, he will give it to you.”

Behold, in your name, I ask the Father for the grace of...

(name your request here)

Our Father...

Hail Mary...

Glory Be To the Father...

Sacred Heart of Jesus, I place all my trust in you.

Amen.

Prayer Three:

O my Jesus, you have said:

“Truly I say to you, heaven and earth will pass away but my words will not pass away.”

Encouraged by your infallible words I now ask for the grace of...

(name your request here)

Our Father...

Hail Mary...

Glory Be to the Father...

Sacred Heart of Jesus, I place all my trust in you.

Amen.

Concluding Prayer:

O Sacred Heart of Jesus,

for whom it is impossible not to have compassion on the afflicted,

have pity on us miserable sinners

and grant us the grace which we ask of you,

through the Sorrowful and Immaculate Heart of Mary,

your tender Mother and ours.

The Hail Holy Queen (The Salve Regina)

Hail, holy Queen, mother of mercy,

our life, our sweetness, and our hope.

To you we cry, poor banished children of Eve;

to you we send up our sighs,

mourning and weeping in this valley of tears.

Turn, then, most gracious advocate,

your eyes of mercy toward us;

and after this, our exile,

show unto us the blessed fruit of your womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us O most holy Mother of God,

That we may be worthy of the promises of Christ.

St. Joseph, foster father of Jesus, pray for us.

Amen.

EUCCHARISTIC ADORATION ETIQUETTE

A Gentle Reminder of the Do's and Don'ts

First and foremost, the Eucharistic Adoration Committee, our Parish Priests and Deacons and Administrative Staff at St. Joseph's, recognize the commitment and dedication which is evident by the growth in numbers of Eucharistic Adorers making it possible for our entire parish to be able to just come in and pray with Our Lord in the Blessed Sacrament. It is a testament to the understanding and devotion by so many Eucharistic Adorers which makes it possible for so many Eucharistic Adoration hours to be available for our Parish.

Along with growth in numbers comes the need for some gentle reminders, which are needed from time to time. Please note, as most already know that Eucharistic Adoration has for centuries been a SILENT ADORATION. There are guidelines which support a SILENT EUCCHARISTIC ADORATION and have for the most part been part of St. Joseph's Eucharistic Adoration format.

FOLLOWING ARE SOME VERY SPECIFIC "ETIQUETTE" ITEMS WHICH MUST BE FOLLOWED BY EVERYONE COMING TO THE CODY CENTER CHAPEL.

The Etiquette for Eucharistic Adoration was developed with the understanding that the Blessed Sacrament in the Monstrance is the "Real Presence" and thus the ultimate reverence should always be shown and displayed. Yes, there is etiquette which should always be observed. Following is a list of reminders which involves your personal commitment to the Hour of Adoration and some personal behavior while in the chapel.

1. Please be silent always. Anytime the Blessed Sacrament is exposed in the Monstrance, there must be **TOTAL SILENCE** (other than the specific times when prayers or songs are recited... see schedule above). All Prayers and Readings should be recited in total SILENCE. The exception to this silence comment is at the beginning Eucharistic Adoration hour or at the scheduled time when the Blessed Sacrament is reposed. At those times there are prayers which are recited by a Priest, Deacon or an Extra Ordinary Minister of Holy Communion. The adorers are encouraged to respond to those prayers.
2. Please do NOT Talk or Socialize in the Chapel. There are two primary reasons for this silence, first is that the Eucharistic Adorer is in the Real Presence of the Our Lord and Savior in the Blessed Sacrament and second, any talking or socializing in the Chapel is a distraction to those praying and meditating. There is "absolutely no talking, or socializing in the ENTIRE CHAPEL, not just where the chairs are located. This means that the area in the back, where people sign in, is also a NO TALK or SOCIALIZING ZONE.
3. Please note: To the parents who bring young children to Eucharistic Adoration. You and your wonderful children are most welcome. It is understood that young children will from time to time get a bit restless. We know that you are first and foremost, parents who want to teach your children the love and kindness which Our Lord in the Blessed Sacrament and His Blessed Mother will bestow on your family. Please do not leave when your children are restless... in your own loving manner, softly

and kindly, whisper to them that they are in His house and Presence. No Eucharistic Adorer will be offended that you are teaching your (HIS) children to learn to pray to Jesus and His Blessed Mother.

4. Please genuflect or kneel upon entering the presence of the Lord or simply bow if you are not able to genuflect. Sitting or kneeling during your Hour of Adoration is appropriate.

5. Please do not bring anything to adoration that will make noise and be a distraction to others.

6. Please do use of electronic devices (cell phones, tablets or iPads) to read prayers or scriptures if doing such is not a distraction to others praying and meditating. The electronic devices should NEVER be heard or be used to cause a distraction to others. If you bring a phone, be sure to turn it off or put it on vibrate. NEVER answer your phone in the Chapel. If the phone vibrates, and you feel that you must respond, leave the Chapel to take the call.

7. Please do not ever bring food or drink to Eucharistic Adoration. If you need water, it is preferred that you quietly step outside the adoration chapel for a drink.

8. Please do remember to take off your hats, dress appropriately, don't chew gum and observe the same etiquette as if you were in Mass.

9. Please do not ever place anything on the altar.

10. Please do not ever touch Monstrance.

11. Meeting your Commitment:

- If you are scheduled to attend, please arrive on time or arrange for a back-up as soon as you know that you will not be able to go.
- Arriving at least 10 minutes before your scheduled hour is preferred.
- Sign the book to record your arrival and departure.
- If there is an emergency, please quietly notify the adorers which are there, that you have a personal emergency and leave quietly.
- If you are attending any of the Nocturnal Eucharistic Adoration hours, please make sure that upon entering or leaving the Cody Center that the door clicks. This will make sure that the Cody Center remains safe and secure. Suggestions for the Hour of Adoration:
 - Read the Booklet for Hours of Adoration (which is in the Chapel on the bookshelf at the entrance)
 - Pray the Liturgy of the Hours
 - Pray the Holy Rosary or Chaplet of Divine Mercy
 - Pray the Stations of the Cross
 - Read Scripture, other religious books or articles
 - Read copies of the Eucharistic Adoration Newsletter

SCHEDULE

ADORATION HOURS & LOCATION

Cody Center Chapel

ADORATION HOURS

Monday - Thursday

9:00 AM to 9:00 PM

Friday

9:00 AM to 6:30 PM

ADORATION FOR VOCATIONS

Last Friday

7:00 PM to 8:00 PM

NOCTURNAL ADORATION

1st Friday

Following 7 PM Mass until Midnight

2nd Friday

7 PM until 7 AM Saturday (Hispanic Community)